

**SUBURBAN LEAGUE**  
**June 7, 2016**  
**Coaches and Representatives Meeting**

**JoAnn Faucett:** [faucettjm@aol.com](mailto:faucettjm@aol.com)  
**Bill Faucett:** [webmaster@adironackswimming.org](mailto:webmaster@adironackswimming.org)  
**Kathy Furman, Secretary:** [furmankh@aol.com](mailto:furmankh@aol.com)  
**Meleik Goodwill, Treasurer:** [meleik.hebert@aol.com](mailto:meleik.hebert@aol.com)  
**League Website:** [www.suburban-league.org](http://www.suburban-league.org)

Meeting was called to order by JoAnn Faucett at 6:04 pm at Niskayuna Town Hall.

Teams present: East Greenbush Y, Guilderland Y, Niskayuna Town Pool, Fulton Y, Ballston Spa, Ciccotti Center, Rotterdam Boys and Girls Club, Greater Glenville Y, Glen Hills, Uncle Sam Swim Club, Schenectady JCC, Duanesburg Eels

Our website is THE place to get all information: [www.suburban-league.org](http://www.suburban-league.org)

Denise distributed the cards and ribbons to the teams. It was decided to use Judd Engraving for trophies.

Knolls will run the Championship meet at Shenendehowa Aquatic Center and diving will be hosted by Glen Hills

**Treasurer's Report**

- \$6566.76 balance
- The League bought ribbons. Please be kind to your ribbons!
- We are set with Certificate of Insurance and pool fees
- **League fee** of \$100 is due to Meleik by **June 15**
  - The following teams have paid the League Fee: AJCC, MOHON, GUY, EELS, Fulton, EGBY, Knolls, Glen Hills, Niskayuna
  - The following teams owe the League Fee: BARC, USAM, SJCC, Greater Glenville Y, RBGC
- **Checks are made to Suburban League** and mailed to Meleik Goodwill, 9 Wood Dale Drive, Ballston Lake, NY 12019
- The roster guarantees insurance for Championships for listed athletes. **Roster fees and roster** are due to Meleik by **July 15**. Late add-ons are welcome; send Meleik names and fees
- Invoices are available online for teams who require them

**League Fees**

- League fee of \$100 is due to Meleik by June 15
- Roster fee of \$6 per athlete is due to Meleik by July 15 with roster
- **Checks are made to Suburban League** and mailed to Meleik Goodwill, 9 Wood Dale Drive, Ballston Lake, NY 12019
- Please give Meleik a heads up checks are on their way by texting her at 518-986-0406

## Team Binders

- All information is online
- Teams are able to update binders by accessing the updates electronically
- Updates are posted on the Suburban League's website
- **IMPORTANT:** Email changes to coaches and representatives to Bill or JoAnn so website can be updated. Only a few changes have been received

## Clinics

- Diving clinic will be held on Wednesday, June 8, **5 pm** at BARC. **This is a time change**
  - As of 6/7/2016, there have been two RSVPs
- Swimming/Officials clinic will be held Monday, June 13, **5 pm** at BARC. **This is a time change**
  - As of 6/7/2016, there have been no RSVPs
- JoAnn encouraged coaches to attend the Officials clinic to be held Monday, June 13, 5 pm at BARC. Parents who will officiate need to attend also

## Dual Meets

- If teams need to change meets from original schedule, they must work it out among themselves. Please forward the change to Bill; he will update the website
- Contact Bill with all changes so the website is accurate
- An "I Can't Be at the Meet" sheet is recommended. This helps dual meets run smoothly with few empty lanes
- Clubs need to bring their own watches to away meets
- Host pools determine the start time of dual meets. Visiting coaches must call host pool several days in advance to ascertain meet start times and lane assignments
- Coaches are urged to have athletes arrive 20 minutes before start of warm-ups at dual meets
- If a team with divers is at a dual meet without diving, ask other clubs holding meets with diving if there is room for their divers to participate
- Heats will be combined. Heat ribbons are based on event cards
- Each heat gets 1st, 2nd, and 3rd places. Purple ribbons are participation ribbons
- Athletes can swim up if they have an A-time
- Teams that have divers but no diving team can have divers go to other diving meets and can dive at championships
- Swimmers must participate – swim or dive - in two meets in order to swim Championships
- If possible, please allow club members from home team's pool to use the visiting team's pool during a dual meet
- Please share ribbons if needed

## Championships

- Connie Miller will create championship Worker Sheets. Worker slots are determined by number of athletes registered to a team. If a team's numbers vary significantly from last year's numbers, that team is responsible for contacting Connie to inform her of the change in numbers
- Please contact Connie ASAP with your current numbers so she can create a viable worker sheet

- Parents must fulfill their duties assigned on worker sheets or find their own replacements
- Diving Championships will be held on the Wednesday of Championship week at Glen Hills. This is to provide a Thursday rain date
- Let JoAnn know numbers attending Championships so she can create warm-up schedule
- Vendor: Deep End for both days
- Timing system: KNOS
- Computer system: KNOS. Comfortable chairs needed
- Parents can officiate Championships if they have experience officiating at dual meets
- Young swimmers will be DQed. Coaches are asked to work with swimmers so they can learn correct form
- Championship entries are submitted to Bill Faucett. If a coach gets his team's entries done early, please send to Bill at [webmaster@adirondackswimming.org](mailto:webmaster@adirondackswimming.org). Otherwise bring to seeding meeting
- Let Bill know if any of your team information is incorrect so it can be updated
- Swimmers must participate – swim or dive - in two meets in order to swim Championships.
  - Flexibility regarding this rule will be appropriate for any athletes who have a legitimate reason to have participated in fewer than two dual meets
- Teams should ensure there is a coach with 8 and Unders at all times to get them to their events
- There is a coaches' relay – 200 Free or 200 Medley. Teams without the requisite number of coaches may use athletes
- Copier will be available to run heat sheets for both days
- Submit scratch sheets to Connie on Thursday, July 28 by 5 pm
- Athletes cannot swim up at Championships. They swim the age they are the first day of meet – Wednesday
- Meet Marshalls needed
- Suburban League would prefer certified USA Swimming officials or Y officials. If parents have experience officiating, we can use them
- Team(s) providing multiple officials should have those people officiate rather than serve as timers
- 25 yard swims will start from the bulkhead and swim into pads
- We plan to provide 8 and Unders with chairs on deck for event line ups. They will be escorted to the bulkhead
- Coaches are asked to advise parents not to have athletes sit with parents in stands as the athlete may miss an event
- Coaches are asked to advise parents not to wave to children when children are on starting blocks as it is a distraction and a safety issue
- Coaches are asked to request families stay until the end of the meet
- Coaches are asked to have someone from the team assigned to pick up ribbons and trophies at the conclusion of the meet
- There will be Positive Check In on Friday night. A copier will be available
  - Coaches are asked not to positively Check In an athlete unless he/she has seen that athlete
  - An athlete may be deck entered only if there is room in the first heat after Positive Check In has closed and Scratch Sheets have been distributed

- Timers are asked to check athlete names BEFORE they get on the starting block
- Coaches are asked to contact Meleik with suggestions for additions to the Coaches Packets.
  - As of now the following will be included in the Coaches Packet: program, scratch sheets, relay cards, a reminder of the definition of a Ladder Relay, warm up lane assignments
- There is no jewelry rule except in high school sports
- Goggles and caps are encouraged. Bring extras. Tie back long hair
- Two caps are allowed
- No parents are allowed on deck unless they are working
- Friday warm ups: 1:00 pm with a 3:45 pm start
- Saturday warm ups TBD by JoAnn closer to the date. She will attempt to accommodate warm up requests by teams
- If the weather is inclement, the gymnasium will be available
- No grills may be used
- The snack bar funds the meet. Please patronize the concession stand

#### July Diving Meet

- JoAnn encouraged teams to send divers, even if coach cannot attend, to the July diving meet. It will be a short meet and will give divers an opportunity to become familiar with the boards before championships
- Saturday, July 9, Warm ups 8-9; meet usually ends by 10:30 am
- Tabulators and ribbon writers are requested

#### Timing Systems for Dual Meets

- Bill has generic six and eight lane pool event files which are posted on our website
- Teams can use the generic files to import specific meets
- Call Bill if help is needed at 518-399-0494

#### Seeding Meeting

- Monday, July 18, 6:00 pm at Niskayuna Town Hall

#### Schedule

- Wednesday, June 8: Diving Clinic, 5 pm at BARC
- Wednesday, June 15; League Fee of \$100 due to Meleik Goodwill
- Monday, June 13: Swimming/Officials Clinic, 5 pm at BARC
- Saturday, July 9: July Diving Meet at Glen Hills. 8 am warm ups, meet concludes by 10:30
- Friday, July 15: Roster of \$6 per athlete **with roster of names** due to Meleik Goodwill. Late add-ons will be accepted later
- Monday, July 18: Seeding Meeting, 6:00 pm, Niskayuna Town Hall
- Wednesday, July 27: Diving Championships: at Glen Hills. Rain date is July 28
- Friday, July 29 and Saturday, July 30: Swimming Championships: at SHEN

#### Addresses of Venues:

- Ballston Spa High School: 210 Ballston Avenue, Ballston Spa, NY 12020
- Glen Hills Swim Club: 57 Bruce Drive, Alplaus, NY 12008
- Mohonasen High School: 2072 Curry Road, Schenectady, NY 12303

- Niskayuna Town Hall: 1 Niskayuna Circle, Niskayuna, NY 12309
- Shenendehowa Aquatic Center: Gowana Middle School, 970 Route 146, Clifton Park, NY 12065

New Business

- Ciccotti Center is looking for a degreed and certified Aquatics Manager to oversee 75 employees, swim lesson program, lifeguards, water fitness programs
- RBGC is holding CPR classes on 6/14 from 10:30 am-12:30 pm and 6/22 from 3-5 pm
- RBGC is holding Lifeguard Recertification classes on 6/14 from 6-10 pm and 6/18 from 9 am-1 pm
- RBGC needs lifeguards to fill 5 pools all days of the week

Next Meeting: Seeding Meeting, Monday, July 18, 2016, 6 pm, Niskayuna Town Hall

The meeting concluded at 6:47 pm

Respectfully submitted,  
Kathy Furman  
Secretary